

NAME _____
DATE _____

COMPLETE THE ACTIVITY.
TRACK WORD SEARCH

W Z P F L N P M U J V A A H D
E E T Q A I Y B W K Q C L E T
S T E E P L E C H A S E C P O
V A U L T E S W E Y Z A A T D
T J G X V V F E A L T L V A F
R X J P I A R W S H I Y M T D
B E N R Y J N S L T U M G H X
J K L W Z U U O E L A C Q L U
U L S A R U N P V L G R G O C
Y I W U Y N U B Y C D E T N T
C I T I L B H T K Y S R M E U
S V P H L G L C W X Q U U K R
I G O J P O S T E K Q X H H U
D S L L N Q X C L M D K Q X F
L D E G W I G J T U P T O H S

DECATHLON
DISC
FALSE-START
HEPTATHLON
HURDLES
JAVELIN
JUMP
LAP
LONG
MILE
POLE
RELAY
RUNWAY
SHOT-PUT
STEEPLECHASE
VAULT

NAME _____

DATE _____

DEFINE ALL THE TRACK TERMS PROVIDED BELOW.

SHOT-PUT

RUNWAY

JUMP THE GUN

HEPTATHLON

LONG JUMP

HURDLES

STEEPLECHASE

POLE VAULT

JAVELIN

DECATHLON

PENTATHLON

RELAY

NAME _____

DATE _____

TRACK CHALLENGE- COMPLETE THE ANSWERS BELOW.

- ___ 1. False start by beginning to run before the starter gun.
A. steeplechase B. pole vault C. decathlon D. jump the gun
- ___ 2. Contest with seven different track and field events.
A. Pentathlon B. Decathlon C. Heptathlon D. Steeplechase
- ___ 3. Athletes try to jump as far as possible.
A. Long jump B. Javelin C. Pentathlon D. Runway
- ___ 4. Contest with 10 different track and field events.
A. Javelin B. Pole Vault C. Decathlon D. Steeplechase
- ___ 5. Running strip for jumpers and throwers to build up speed as they approach their attempts in their events.
A. Decathlon B. Pole Vault C. Runway D. Javelin
- ___ 6. Contests with five different events.
A. Pentathlon B. Javelin C. Steeplechase D. Runway
- ___ 7. Athletes try to throw the javelin as far as possible.
A. Javelin B. Shot-put C. Steeplechase D. Pentathlon
- ___ 8. Athletes try to put, or throw, the shot as far as possible.
A. Shot-put B. Javelin C. Decathlon D. Heptathlon
- ___ 9. Athletes try to clear a bar with the help of a long pole.
A. Heptathlon B. Javelin C. Steeplechase D. Pole Vault
- ___ 10. A race on a course that has obstacles.
A. Pole Vault B. Steeplechase C. Shot-put D. Runway

